

SKUPINSKE VADBE SEZONA 2010

VELIKA DVORANA

URA	PON	TOR	SRE	ČET	PET	SOB	NED
8:30	BODYPUMP		BODYPUMP		BODYPUMP		
9:00		Zlata leta *		Zlata leta *			
10:00	TNZ *	Zlata leta **		Zlata leta **	TNZ *	TNZ*	TNZ*
17:00	BODYSTEP	TNZ*	BODYPUMP	TNZ*	BODYSTEP		
17:30		BodyPump klinika		BodyPump klinika		BodyPump klinika	
18:00	BODYPUMP	BODYPUMP	BODYSTEP	BODYPUMP	BODYPUMP	BODYPUMP	BODYSTEP
19:00	BODYATTACK	BODYSTEP	ZUMBA	BODYSTEP	BODYATTACK	BODYATTACK	BODYATTACK
20:00	DANCE STEP ***	BODYATTACK	BODYATTACK	BODYATTACK	TNZ*	BODYSTEP	BODYPUMP
21:00	BODYPUMP	TNZ*	BODYPUMP				

SREDNJA DVORANA

URA	PON	TOR	SRE	ČET	PET	SOB	NED
8:00		Zlata dekleta PILATES		Zlata dekleta PILATES			
9:00	SENIOR *	PILATES	SENIOR *	PILATES			
10:00		BODYSTEP	TNZ *	BODYSTEP			
16:30							
17:30	TNZ	FREESTYLER	ABS*	FREESTYLER			RPM klinika
18:30	ZUMBA	RPM	RPM	RPM	RPM	18.00 TNZ *	18:00 RPM
19:30	RPM	BODYJAM	DANCE AEROBICS	BODYJAM		19.00 BODYJAM	19:00 BODYBALANCE
20:30		BODYBALANCE	TNZ *	TNZ *			20.00 TNZ*
21:00	TNZ *						

MALA DVORANA

URA	PON	TOR	SRE	ČET	PET	SOB	NED
08:00							
09:00		NOSEČNICE			NOSEČNICE		
17:30							
18:30	NOSEČNICE	PILATES	NOSEČNICE	POWER JOGA			
19:30	PILATES	POWER JOGA	PILATES	PILATES	BODYBALANCE	BODYBALANCE	
20:30	BODYBALANCE		BODYBALANCE	BODYBALANCE			20:00 POWER JOGA

OPOMBA: pridr ujemo si pravico do sprememb ur v urniku!